

Heidelberg Catechism

Lord's Day 17

Overview/Purpose

Question 45 introduces the glorification of Christ, beginning with his resurrection, and answers the following questions:

- Did Christ rise from the dead?
- How did he rise?
- For what purpose did he rise?
- What are the benefits, or fruits of his resurrection?

Method

Following the Trivium, the grammar stage calls for rote memorization. Constant drilling and recitation is absolutely necessary and will require direct parental participation.

Suggested Materials For Parents

See "The Commentary of Dr. Zacharias Ursinus on the Heidelberg Catechism", pgs .

Word Definitions

• Resurrection	• Christ	• Profit
• Overcome	• Death	• Partakers
• Righteousness	• Purchased	• Death
• Power	• Raised	• Life
• Pledge	• Blessed	

Suggested Activities

- Review word definitions
- Memory game to review word definitions and catechism questions
- Spelling test using the words in this catechism lesson
- Memorize key bible verses
- Service projects to reinforce the lessons found in the catechism questions
- Many opportunities for creativity!

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Question 45. What doth the resurrection of Christ profit us?

Answer. First, by his resurrection he has overcome death, that he might [a] make us partakers of that righteousness which he had purchased for us by his death; secondly, we are also by his power [b] raised up to a new life; an lastly, the resurrection of Christ is a [c] sure pledge of our blessed resurrection.

[a]: 1Cor. 15:16

[b]: Rom. 6:4; Col. 3:1

[c]: 1Cor. 15:12,20, 21; Rom. 8:11